# 100 DAYS OF VIOLIN

**LESSON & GROUP COUNT AS A VIOLIN DAY!**



**ON THE DAYS YOU CAN'T PHYSICALLY PLAY:**

- -LISTEN TO NEW/REVIEW SUZUKI SONG
- -WATCH A VIOLINIST ON YOUTUBE
- -WARM-UP STRETCHES
- -POLISH VIOLIN (ASK SENSEI HOW)
- -ORGANIZE VIOLIN BAG OR PRACTICE SPACE
- -DOWNLOAD RECORDING FOR NEXT SUZUKI BOOK
- -READ A BOOK ABOUT VIOILN OR A COMPOSER
- -RESEARCH  THE SONG YOU'RE PLAYING
- -CLEAN/ORGANIZE YOUR VIOLIN CASE
- -NOTE READING OR RHYTHM FLASHCARDS, THEORY
- -WATCH HOW VIOLIN IS MADE/REPAIRED ON YOUTUBE

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|---|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | 40 |
| 41 | 42 | 43 | 44 | 45 | 46 | 47 | 48 | 49 | 50 |
| 51 | 52 | 53 | 54 | 55 | 56 | 57 | 58 | 59 | 60 |
| 61 | 62 | 63 | 64 | 65 | 66 | 67 | 68 | 69 | 70 |
| 71 | 72 | 73 | 74 | 75 | 76 | 77 | 78 | 79 | 80 |
| 81 | 82 | 83 | 84 | 85 | 86 | 87 | 88 | 89 | 90 |
| 91 | 92 | 93 | 94 | 95 | 96 | 97 | 98 | 99 | 100 |